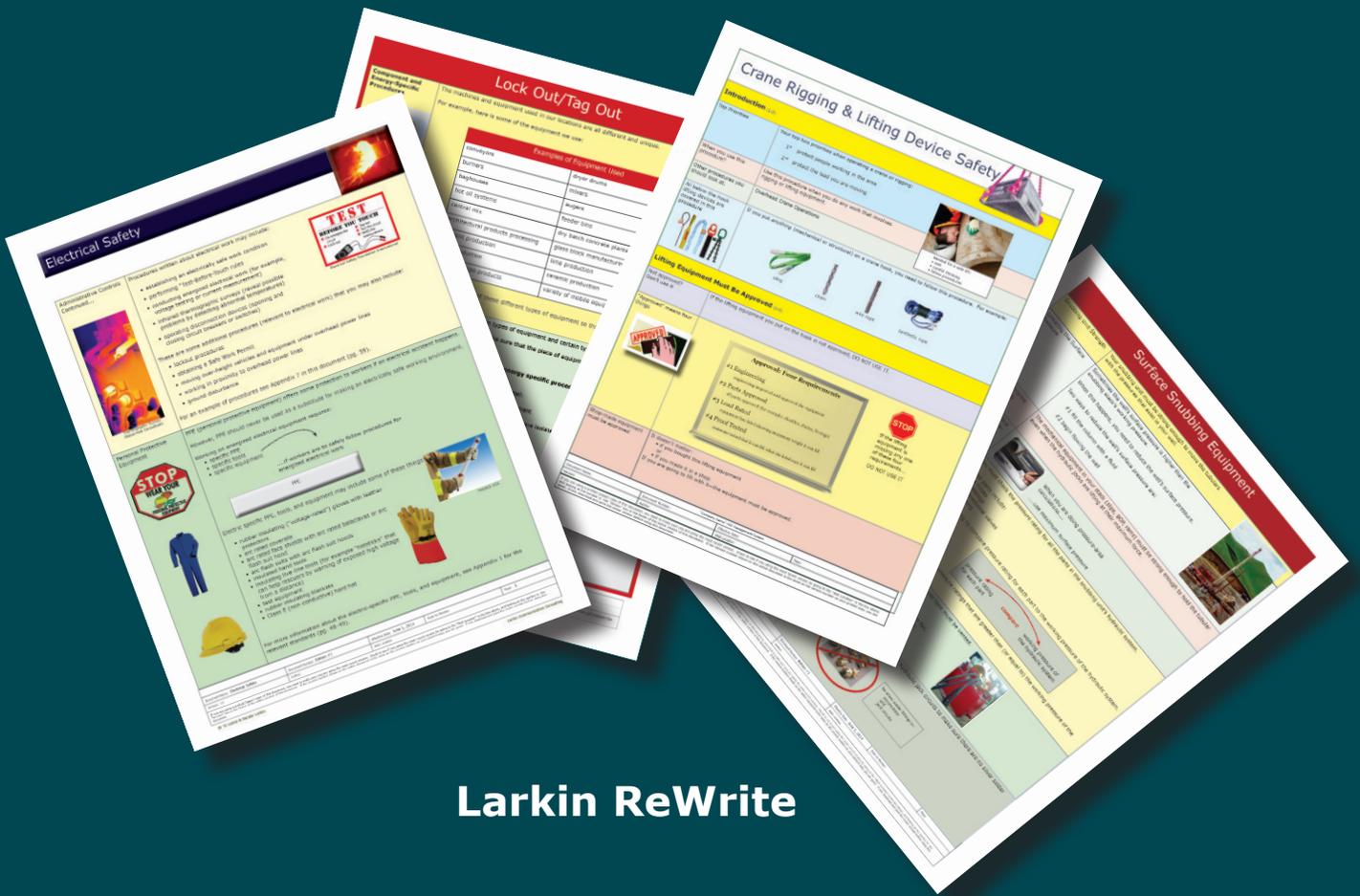


# Communication Best Practice

## Oil & Gas, Mining, Chemicals



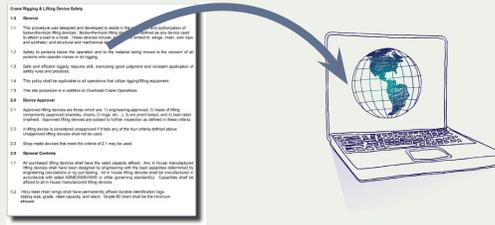
**Larkin ReWrite**

**we rewrite your safety policies and procedures**

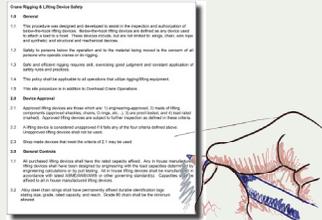
**Dr TJ Larkin & Sandar Larkin**  
**Larkin Communication Consulting**

# Larkin ReWrite - How It Works

## 1. You Upload Your Document (Policy or Procedure)



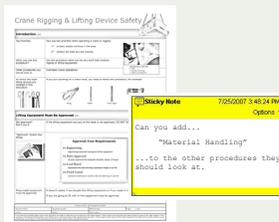
## 2. Larkins ReWrite Your Document



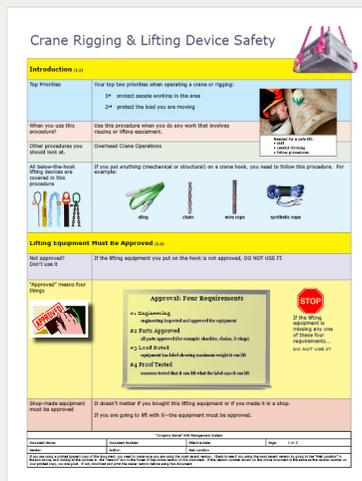
## 3. Larkins Add Communication Best Practice



## 4. Larkins Return the Document to You for any Changes



## 5. Larkins Insert Your Changes and Return the Finished Document



# 1. Uploading Your Document

## Upload Your Document (Policy or Procedure)



Go to our website: [www.Larkin.Biz](http://www.Larkin.Biz)  
 Go to our Larkin ReWrite Page  
 Click button at bottom of page "upload docs"  
 Complete the form  
 Hit "submit"

Immediately you will receive a message saying we got your document.  
 In 24 hours, you will receive an email with invoice (see page 10 for price details).

Or, send us an email with your document attached ([Larkin@Larkin.Biz](mailto:Larkin@Larkin.Biz))

## No Commitment



Uploading a document to us does not imply any commitment on your part.

We do not start rewriting your document until you agree to pay the invoice amount and ask us to begin rewriting.

## Confidentiality

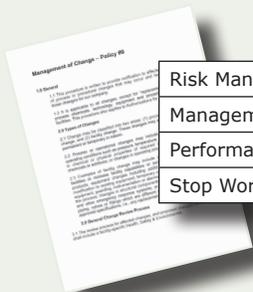


We will return your original document to you at any time.

We will not release your original document or our rewrite of your document to anyone but you (or someone you authorize to receive the document).

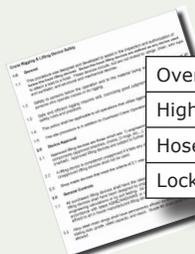
If others, inside or outside your company, ask to see your original or our rewrite, the answer is no, unless we receive permission from you.

## Typical Policies We ReWrite: Examples



Risk Management	Emergency Response	Contractor Requirements	Document & Data Control
Management of Change	Investigations	Discipline	Drug & Alcohol
Performance Evaluation	Operational Control	Measurement & Monitoring	Management Review
Stop Work Authority	Fatal Risk Controls	Permit to Work	Training

## Typical Procedures We ReWrite: Examples



Overhead Crane	Confined Space	Hydrogen Sulfide	Forklift Operation
High-Pressure Testing	Working at Height	NORM	Hazardous Chemicals
Hoses	PPE	Compressed Gas Cylinders	Hot Work
Lockout/Tagout	Rigging & Lifting	Combustible Dust	Bloodborne Pathogens

## 2. Larkins ReWrite Your Document

 We Do Not Remove Any Content

 We Do Not Change Any Content

 We Just Say It More Simply



### Original Document

#### Contractor Relations

1.2. The Contractor will operate under the Company's SMS (Safety Management System). If the Contractor has its own SMS, at or equal to the standard of the Company's SMS and they wish to work under Contractor's SMS, then the Contractor must provide its SMS to the Company for Company's approval, which the Company may give or withhold at its own discretion.

✓ Grade level 9  
45% of adults can understand



### Larkin ReWrite

#### Contractor Relations

Contractor must have an SMS (Safety Management System).

Contractor can use our SMS.

Contractor can use their own SMS.

If Contractor wants to use their own SMS, they have to show it to us.

We will decide if the contractor's SMS is equal to or better than our SMS.

✓ Grade level 5  
70% of adults can understand

### Original Document

#### 3.0 High-Pressure Testing

3.11 Failure to reach pressure or a loss of pressure will normally show on your gauge and is an indication of a leak in the product or the test equipment. Do not enter the test booth with pressure applied to the product in an attempt to locate the leak. This should be accomplished by viewing the product through the Lexan covered viewing ports. If this proves unsuccessful, reduce the test pressure to zero and examine the product and test equipment for signs of leakage

✓ Grade level 10  
30% of adults can understand



### Larkin ReWrite

#### High Pressure Testing

Your gauge may show a loss of pressure.

Or, maybe you are not reaching the test pressure you wanted.

The product could be leaking, or maybe the test equipment is broken.

You may want to go into the test booth to look...

**DO NOT GO INTO THE TEST BOOTH** if the product is still under pressure—the product could explode.

If you need to look at things in the test booth...

- look at them from behind Lexan-covered windows
- or
- remove the pressure first, and then go into the test booth to look at the product or test equipment

✓ Grade level 5  
70% of adults can understand



Larkin ReWrite Has More Pages Than the Original

Why more pages?

Space is important for comprehension.

Physically separating the text blocks on the page helps the reader mentally separate the topics.

Using more empty space increases *both* comprehension and the number of pages.

# 3. Larkins Add Communication Best Practice

Writing Complexity  
grade level 8;  
50% of adults can  
read at this level

Lists/Dot Points  
more than twice as  
many people will  
read a paragraph  
if sentences are  
replaced with a list  
or dot points

## Crane Rigging & Lifting Device Safety



### Introduction (1.0)

**Top Priorities**  
Your top two priorities when operating a crane or rigging:

- 1<sup>st</sup> protect people working in the area
- 2<sup>nd</sup> protect the load you are moving



Disturbing Photo  
fear-appeal photo  
makes it 50% more  
likely employees will  
follow the policy

When you use this procedure? Use this procedure when you do any work that involves rigging or lifting equipment.

- Needed for a safe lift:
- skill
  - careful thinking
  - follow procedures

Line Length  
3½ inches  
best length for  
accurate reading

Other procedures you should look at. Overhead Crane Operations

All below-the-hook lifting devices are covered in this procedure. If you put *anything* on a crane hook, you need to follow this procedure, for example:



### Lifting Equipment Must Be Approved (2.0)

Not approved? Don't use it. If the lifting equipment you put on the hook is not approved, DO NOT USE IT.

Verdana Font  
best font for  
reading online



**Approval: Four Requirements**

- #1 Engineering  
engineering inspected and approved the equipment
- #2 Parts Approved  
all parts approved (for example: shackles, chains, D-rings)
- #3 Load Rated  
equipment has label showing maximum weight it can lift
- #4 Proof Tested  
someone tested that it can lift what the label says it can lift



If the lifting equipment is missing any one of these four requirements...  
**DO NOT USE IT**

Color  
increases time  
spent looking at  
the page by 21%

Shop-made equipment must be approved. It doesn't matter if you bought this lifting equipment or if you made it in a shop. If you are going to lift with it—the equipment must be approved.

Graphics  
increase recall  
up to 800%

Empty Space  
adding even small amounts  
of empty space around text  
increases comprehension  
by 20%

"Company Name" HSE Management System			
Document Name:	Document Number:	Effective Date:	Page: 5 of
Version:	Author:	Web Location:	

When you print a paper copy of this document, you need to make sure you are using the most recent version. Check to see if you are using the most recent version by going to the "Web Location" in the footer of the online version of this document. If the Version number shown on the online document is the same as the version number on the paper copy, you are good. If not, download and print the newer version before using this document.

Document Control  
conforms to most  
international standards  
(e.g. OHSAS 18001)

# 4. Larkins Return the Document to You for Any Changes

## Crane Rigging & Lifting Device Safety

<b>Introduction (1.0)</b>	
<b>Top Priorities</b>	Your top two priorities when operating... 1 <sup>st</sup> protect people working in the area 2 <sup>nd</sup> protect the load you are moving
<b>When you use this procedure?</b>	Use this procedure when you do any work that involves rigging or lifting equipment.
<b>Other procedures you should look at.</b>	Overhead Crane Operations
All below-the-hook lifting devices are covered in this procedure	If you put <i>anything</i> on a crane hook, you need to follow this procedure, for example:
	 <ul style="list-style-type: none"> <li>• skill</li> <li>• careful thinking</li> <li>• follow procedures</li> </ul>
<b>Lifting Equipment Must Be Approved (2.0)</b>	
Not approved? Don't use it	If the lifting equipment you put on the hook is not approved, DO NOT USE IT.
"Approved" means four things	<div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;"><b>Approval: Four Requirements</b></p> <p>#1 Engineering engineering inspected and approved the equipment</p> <p>#2 Parts Approved all parts approved (for example: shackles, chains, D-rings)</p> <p>#3 Load Rated equipment has label showing maximum weight it can lift</p> <p>#4 Proof Tested someone tested that it can lift what the label says it can lift</p> </div> <p>#5 Color Coded Tags Tags with a particular color showing the date the equipment must be destroyed.</p> <p>DO NOT USE IT</p>
Shop-made equipment must be approved	It doesn't matter if you bought this lifting equipment or if you made it in a shop. If you are going to lift with it—the equipment must be approved.
"Company Name" HSE Management System	
Document Name:	Document Number:
Author:	Effective Date:
Web Location	Page: 6 of

**Sticky Note** 7/25/2007 3:48:24 PM  
Options

Can you add...  
"Material Handling"  
...to the other procedures they should look at.

**Sticky Note** 7/25/2007 3:48:24 PM  
Options

Please add to Approval:  
#5 Color Coded Tags  
Tags with a particular color showing the date the equipment must be destroyed.

**Sticky Note** 7/25/2007 3:48:24 PM  
Options

Can you guys add another box to the footer:  
"Scheduled Review Date"

In this document, you need to make sure you are using the most recent version. Check to see if you are using the most recent version by going to the "Web Location" in the "Version" box in the footer of the online version of this document. If the Version number shown on the online document is the same as the version number on the printout, you can download and print the newer version before using this document.

# 5. Larkins Insert Your Changes and Return the Finished Document

## Crane Rigging & Lifting Device Safety



### Introduction (1.0)

Top Priorities	Your top two priorities when operating a crane or rigging:  1 <sup>st</sup> protect people working in the area  2 <sup>nd</sup> protect the load you are moving	 <p>Needed for a safe lift:</p> <ul style="list-style-type: none"> <li>• skill</li> <li>• careful thinking</li> <li>• follow procedures</li> </ul>
When you use this procedure?	Use this procedure when you do any work that involves rigging or lifting equipment.  Change inserted here	
Other procedures you should look at.	<i>Overhead Crane Operations and Material Handling</i>	
All below-the-hook lifting devices are covered in this procedure	If you put <i>anything</i> on a crane hook, you need to follow this procedure, for example:  <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  sling         </div> <div style="text-align: center;">  chain         </div> <div style="text-align: center;">  wire rope         </div> <div style="text-align: center;">  synthetic rope         </div> </div>	

### Lifting Equipment Must Be Approved (2.0)

Not approved? Don't use it	If the lifting equipment you put on the hook is not approved, DO NOT USE IT.
"Approved" means five things	<div style="display: flex; justify-content: space-between;"> <div style="width: 25%;">  <p>Change inserted here</p> </div> <div style="width: 50%; border: 1px solid gray; padding: 10px;"> <p style="text-align: center;"><b>Approval: Five Requirements</b></p> <p><b>#1 Engineering</b> engineering inspected and approved the equipment</p> <p><b>#2 Parts Approved</b> all parts approved (for example: shackles, chains, D-rings)</p> <p><b>#3 Load Rated</b> equipment has label showing maximum weight it can lift</p> <p><b>#4 Proof Tested</b> someone tested that it can lift what the label says it can lift</p> <p><b>#5 Color-Coded Tags Attached</b> color of the tag shows when the equipment use has expired and must be destroyed</p> </div> <div style="width: 20%; text-align: center;">  <p>If the lifting equipment is missing any one of these five requirements... <b>DO NOT USE IT</b></p> </div> </div>
Shop-made equipment must be approved	It doesn't matter if you bought this lifting equipment or if you made it in a shop.  If you are going to lift with it—the equipment must be approved.  Change inserted here

"Company Name" HSE Management System				
Document Name:	Document Number:	Effective Date:	Date for Review:	Page:
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**SAMPLE PAGE**

## Electrical Safety: Safety By Design



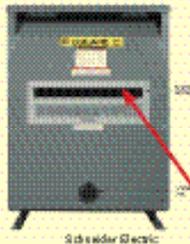
Safety By Design  
Continued...

Your electrical safety program needs to require that "safety" is designed into the equipment:

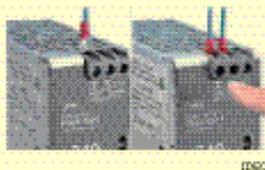
- during the initial design phase of new projects  $\Rightarrow$  design in safety and
- during upgrades of existing facilities or systems  $\Rightarrow$  design in safety



In every design, electrical risk exposure should be reduced to as low as reasonably practicable.



Schneider Electric



mo



Proverbus Fusion Perfection

### Safety-By-Design Requirements

Reducing the need for employees to work on energized equipment.

Reducing the available arc flash incident energy (where it is possible to do so).

Reducing the shock hazards where workers need to work on energized equipment.

Increasing the distance between a worker and a potential arcing fault source.

Installing infrared scanning windows.

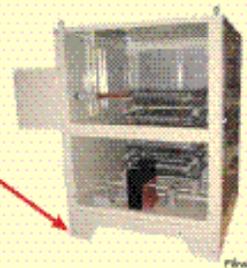
Incorporating finger-safe terminals to reduce the chance of accidental contact with energized circuits.

Installing permanent voltage metres or other permanent voltage indicators as an initial indication of energized circuit parts.

Installing neutral grounding resistors to reduce the chance of a single phase to ground fault escalating to a three-phase fault.

For example:

- separate the different voltage levels so workers who are troubleshooting control voltages are not exposed to higher voltage power circuits
- include finger safe designs
- insulated bus and cable terminations
- guarding



Flint

Document Title: Electrical Safety		Company		Web Location:	
Document Title: Electrical Safety	Document # 970668	Year last revised	Effective Date: 29 September 2005	Target audience	
Approved by:	Review date:	Owner:		Other relevant documents	
<p>If you are using a paper copy of this document, make sure you copy in the most recent version. This document's most recent version is on the "Web Location" in the box above. Look at the "Effective Date" of the Web copy and compare that to the "Effective Date" of your paper copy. If they match, go ahead, use your paper copy. If they do not match, download the newer version from the Web location.</p>					
Larkin Corporation, Consulting					

# Surface Snubbing - Wellsite Controls

**SAMPLE PAGE**

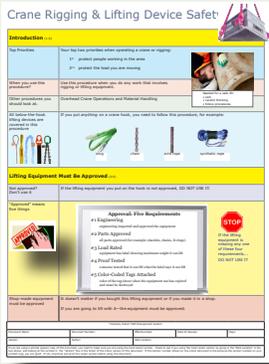
## Surface Snubbing Equipment



<p><b>Snubbing Unit Strength</b></p>	<p>Your snubbing unit must be strong enough to move the tubulars with the pressures that exist in your well.</p>
<p><b>Lowering the Surface Pressure</b></p>	<p>Sometimes the well's surface pressure is higher than the snubbing stack's working pressure.</p> <p>When this happens, you need to reduce the well's surface pressure.</p> <p>Two ways to reduce the well's surface pressure are:</p> <ul style="list-style-type: none"> <li>#1 fill the column with a fluid</li> <li>#2 begin flowing the well</li> </ul> <div data-bbox="1149 478 1365 695" style="border: 1px solid black; padding: 5px;"> <p>What You Need</p> </div>
<p><b>Stack can Overcome Maximum Lifting Strength</b></p>	<p>The mechanical equipment in your stack (slips, BOP, rams) must be strong enough to hold the tubular even when the hydraulic jacks are lifting at their maximum force.</p>
<p><b>Use "Maximum Surface Pressure" for Pressure-Area Calculations</b></p>	<div data-bbox="553 793 743 909" style="border: 1px solid black; padding: 2px;"> </div> <div data-bbox="776 814 1247 890" style="border: 1px solid black; padding: 5px; text-align: center;"> <p>When you are doing pressure-area calculations.... ....use maximum surface pressure</p> </div>
<p><b>Check Pressure Rating for All Parts Used in the Hydraulic System</b></p>	<p>You must check the pressure rating for all the parts in the snubbing unit's hydraulic system.</p> <p>These parts include:</p> <ul style="list-style-type: none"> <li>• hoses</li> <li>• fittings</li> <li>• directional valves</li> <li>• piping</li> </ul> <p>You are going to compare pressure rating for each part to the working pressure of the hydraulic system.</p> <div data-bbox="683 1142 1203 1255" style="border: 1px solid black; padding: 10px; text-align: center;"> </div> <p>The parts must have pressure ratings that are greater than (or equal to) the working pressure of the hydraulic system.</p>
<p><b>Hydraulic Tank Must be Vented</b></p>	<p>The snubbing unit's hydraulic tank must be vented.</p> <p>You need this venting.</p> <p>If the BOP wellbore seal were to fail, gas may enter the hydraulic tank.</p> <p>The vent will release the gas.</p> <div data-bbox="1008 1346 1166 1535" style="border: 1px solid black; padding: 5px;"> </div>
<p><b>No Silver Solder Fitting in Accumulator and Jack Circuits</b></p>	<p>You need to check the accumulator and hydraulic jack circuits to make sure there are no silver solder fittings.</p> <div data-bbox="597 1583 841 1766" style="border: 2px solid red; border-radius: 50%; padding: 10px; text-align: center;"> </div> <div data-bbox="873 1654 1073 1745" style="border: 1px solid black; padding: 5px;"> <p>No silver solder fittings in: accumulator and jack circuits</p> </div>

<b>Company</b>				
Document Name: <b>Surface Snubbing Equipment</b>	Document Number: <b>Edition #1</b>	Effective Date: <b>June 1, 2014</b>	Date for Review: <b>June 1, 2018</b>	Page:
Version: 01	Author:	Web Location:		
<p><small>If you are using a printed (paper) copy of this document, you need to make sure you are using the most recent version. Check to see if you using the most recent version by going to the "Web Location" in the box above, and looking at the number in the "Version" box in the footer of the online version of this document. If the version number shown on the online document is the same as the version number on your printed copy, you are good. If not, download and print the newer version before using this document.</small></p> <p style="text-align: right;"><small>Larkin Communication Consulting</small></p>				

# Price



## Price Per Page

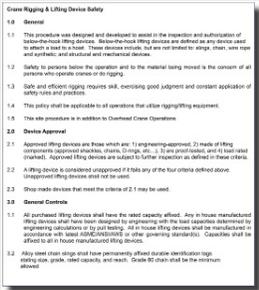
US\$720 to US\$360 per page

This price includes:

- ✓ Rewrite the page
- ✓ Add best practice

Price Per Page			
Complexity	Grade Level	Examples*	Price
High	14	Arming Perforating Guns; Well Testing; Hydrogen Sulfide	US\$720 each page
Medium	12	Lockout/Tagout; Electrical Safety; Working at Height	US\$540 each page
Low	8	Vehicles & Driving; Record Keeping; Discipline	US\$360 each page

\*Examples show typical complexity for those topics. Sometimes relatively simple topics (e.g. Vehicles & Driving) are written with very high complexity. In that case, we would charge the "high" complexity fee. Your invoice will show the complexity of your document and the price per page.



## What is a Page?

A page is 250 words.

After you upload your document, we will email you an invoice:

- we count all the words in your document(s)
- we divide the total number of words by 250 (to get the number of pages)
- we determine the document's complexity (high, medium, or low)
- invoice amount is:
  - number of pages x document complexity (US\$720, US\$540, or US\$360)

This page is 250 words.



This is a small change (see pg. 6).

## Price for Changes

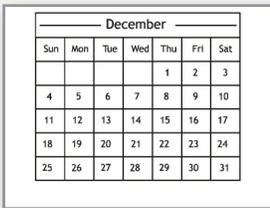
Correcting a mistake we made = no charge  
 If you request a small change = \$9.00 each small change  
 If you request a large change = \$25.00 to \$50.00 each large change



This is a large change (see pg. 6).

## What is a "large change"?

A large change requires us to reformat a part of the page (\$25) or all of the page (\$50). We need to reformat to make everything fit on the page.



## Turnaround Time?

Average turnaround time is 10 business days.

## What does "turnaround" mean?

10 business days after we receive payment—we return the document to you for any changes.



## Payment Methods

- online using credit card (pay on our website: [www.Larkin.biz](http://www.Larkin.biz))
- check sent in the mail (details in our invoice)
- electronic direct deposit into our bank account (details in our invoice)

# What To Do Next



## Call Us

Since 1985, we have been helping large companies improve communication with employees.

We can talk about any of your employee communication needs.

You may schedule a telephone call or conference call for no charge.

Our phone number is: 1-212-860-2939



## Email Us

You may send us an email at: [Larkin@Larkin.Biz](mailto:Larkin@Larkin.Biz)



## Learn More

Our Website has information about our:

- papers (free downloads)
- book: *Communicating Change* (McGraw-Hill)
- video clips: TJ's presentations
- biography: Dr TJ Larkin & Sandar Larkin

Visit: [www.Larkin.Biz](http://www.Larkin.Biz)



## Other Services

Presentation	1-3 hours	TJ shows communication best practice: <ul style="list-style-type: none"><li>• theory</li><li>• research</li><li>• examples</li></ul> TJ shows how to use communication to create employee behavior change. See video samples on our website.
Workshop	6 hours	More hands on, TJ and a small group practice applying communication best practices to your documents.
Implementation	2 weeks	TJ moves in-house, joins a project team, and together they work on a major communication campaign.

Email us for fees ([Larkin@Larkin.Biz](mailto:Larkin@Larkin.Biz))

# Dr TJ Larkin & Sandar Larkin



Dr TJ Larkin and Sandar Larkin began Larkin Communication Consulting in 1985.

The Larkins help large companies communicate with employees



Two specialties

<i>Communicating Major Change</i>	<i>Communicating Safety</i>
mergers outsourcing new technology benefit changes corporate direction	policies procedures lessons learned toolbox topics investigation results

Larkin's publications include

Book 	<i>Communicating Change</i> , McGraw-Hill, New York.
Harvard Business Review 	"Reaching and Changing Frontline Employees," <i>Harvard Business Review</i> .

TJ's background

Ph.D. Communication (Michigan State University)  
 M.A. Sociology (University of Oxford)

Sandar's background

Before starting Larkin Communication Consulting in 1985, Sandar worked for the Long Term Credit Bank of Japan.

Contact information

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 email [Larkin@Larkin.Biz](mailto:Larkin@Larkin.Biz)  
 web [www.Larkin.Biz](http://www.Larkin.Biz)

